Calcification (Breast): Registered Nurse Sally was medically-diagnosed with breast calcification. Three months after starting Dr. Smith’s Clinical Nutrition Therapy, no calcified breast tissue was present. (58y W.F., TX)

Carpal Tunnel and Degenerative Knee Pain: Bill was quite satisfied with the improvement he received in both his wrists and knees through Dr. Smith’s Clinical Nutrition Therapy. In fact, he was so “rightly” confident in his progress after just a few weeks of starting therapy, he cancelled his Knee Replacement surgery. (69y, Business Exec, W.F.)

Chronic Obstructive Pulmonary Disease (COPD): Roy (54y Nocona, TX) and Hubert (62y Odessa, TX) had COPD with frequent bouts of Bronchitis and Pneumonia. Not only did Roy’s lung function improve, he was not hospitalized even once during the COPD Clinical Nutrition Therapy, whereas, he had been hospitalized 17 times in the 2 years before, when using medicine alone. Hubert said he had tried many different therapies before, but nothing helped him improve his lung function except Dr. Smith’s Clinical Nutrition Therapy and Therapies (61y, Oil Lawyer, TX)

Constipation, IBS, Spastic Colon: Because medicine (pharmaceuticals) was not working and Janet refused colon surgery, her physician referred her to Dr. Smith. Janet had only one bowel movement every two weeks (Ouch!), she had daily bouts of bloating and spasm like pain in her colon. After testing Janet, Dr. Smith discovered that the cause was not in her colon, but a different organ in her body was adversely affecting the function of her colon. Within 24 hours after starting Dr. Smith’s Clinical Nutrition Therapy, Janet began having daily bowel movements, after one month she no more spasms and after one month, she had no more diarrhea. (29y W.F., TX)

Dr. Smith respects and appreciates physicians, who are up-to-date dedicated doctors diagnosing the specific care, analytical and effective benefits of Clinical Nutrition Therapy and who also have the best interest of their patients at heart, to refer when their patient is not responding or getting results from medical treatment, as well as when they are. Why medical treatment is working? Clinical Nutrition Therapy replenishes nutrients deficiencies and toxins, which are the primary causes of any medical diseases (medicines/surgery). An example for the need of our therapy is Drug Side Effects. Drug Side Effects are “new” symptoms that present from new nutrient deficiencies and toxicity caused by the chemicals and metals in drugs. It is a fact that combining Medical and Clinical Nutrition Therapy improves the best possible medical prognosis for every patient.

Diarrhea: Karen suffered with 40 bouts of Diarrhea every day for 10 years. Having seen many Physicians and Dieticians, locally, in Dallas, at the Mayo Clinic, even Naturopathic Doctor and Herbs, she thought she had tried everything. Dr. Smith’s successful therapeutic record was known to Karen’s last physician, who referred her. Dr. Smith’s Clinical Nutrition Analysis of Karen’s Lab Tests identified five factors interfering with colon function. Within one month, Dr. Smith’s Clinical Nutrition Therapy, the 40 bouts of Diarrhea had reduced to 10 daily and at two months, she no longer had Diarrhea. (53y, Home Executive, W.F., TX) Susie had Chronic Diarrhea for 15 years (45y, Home Exec and Monith in (52y, Real Estate Agent, W.F., TX) could not remember how many years she had suffered with daily Diarrhea – Results from Dr. Smith’s Clinical Nutrition Therapy for these and hundreds of others with similar health challenges was the same, i.e., within 1-2 months no more bouts of Diarrhea.

As indicated in the above cases, the cause for constipation and diarrhea is not always the colon. In fact, because of the integrated systems of the mind and body, you may be surprised to know how often the cause (deficiencies, imbalances, dysfunctions, toxicity) is not in the organ or gland presenting the symptoms. Also, a Clinical Nutrition Analysis will identify causes that cannot be found through a medical interpretation of your Laboratory Record(s). Dr. Smith has successfully helped many clients who were first patients at prestigious clinics and hospitals, like Mayo (AZ) and Baylor, locally, as well as Clinical Nutritionists, Naturopaths and Doctors in other cities.

Disc (Herniated, Slipped, or Swollen): Vickie had suffered with a herniated disc for over 10 years. Her sufferers Drugs and Chiropractic adjustments provided only temporary relief, which was why she was considering surgery when she was referred to Dr. Smith. Three months after starting Dr. Smith’s Clinical Nutrition Therapy, she no longer suffered from a herniated disc and surgery was not required. (45y Self-Employed Cattle Rancher, Seymour, TX)

Endometriosis / Pre-Cancerous Uterine Tissue: Both Margaret and her husband had their Ph.D. and were tenured Professors at MSU (W.F., TX) for 3 years to accommodate their careers and they made the “only” decision to have surgery to remove a hysterectomy. For this educated couple, surgery was a last resort, as all non-emergency surgeries should be. Dr. Smith informed Margaret that if her GYN agreed she would not be at risk if he postponed her hysterectomy for at least three months, she would accept her as a client. Her GYN agreed and Dr. Smith tested for and provided the therapeutic nutrients her cells and tissue required to heal themselves, without relying on surgery (damaged and tissue to replace those too damaged to be repaired). After only two months in Dr. Smith’s Clinical Nutrition Therapy, her GYN called Margaret in for a hysterectomy pre-exams, instead of allowing for the original three months agreed upon. However, this 2-month GYN Exam revealed no Endometriosis and her uterine tissue was healthy, with pink skin cells growing. All symptoms were reviewed for the past 10 years, and Margaret and her husband were delighted to start a family a month earlier.

Fibromyalgia (FMS) and Chronic Fatigue: Joe suffered with these diagnoses for four years and by the time he was referred to Dr. Smith; his Chronic Fatigue was so severe he was in a wheelchair. Two months after starting CN therapy, Joe had no FMS & adrenal function restored, he was out of the wheelchair and enjoying activities like golf cart, playing golf, gardening and enjoying a lifestyle he thought was gone forever. (64y, Retired Rancher, Quanah, TX)

Fibroids: Tarena had benign Fibroids that were medically monitored by “annual” GYN exams and had not changed in 14 years of exams. Thirteen months after starting Dr. Smith’s Clinical Nutrition Therapy, Tarena’s fibroids were stable and Dr. Smith referred Tarena to schedule a re-examination with her Gynecologist. Her GYN exam indicated no Fibroids. (55y, Self-Employed, Olney, TX)

Finger/Toe Nails (Splitting): Pat reported that her nails were splitting easily. Two months after starting Dr. Smith’s Clinical Nutrition Therapy, her nails were growing strong, not splitting, and the lightness in her nails were also improving. (59y, Self-Employed, Quanah, TX)

Fatigue (Chronic): Ray reported that he had all kinds of medical tests run for years, but all would come back normal, i.e., “medically” normal. He was always told there was nothing wrong with him all the time. His energy started returning within three weeks after starting Dr. Smith’s Clinical Nutrition Therapy and even after 10 years now, he still does not suffer from Chronic Fatigue. (61y, Self-Employed, Mineral Wells, TX)

A Clinical Nutrition Analysis of the same Lab Reports that indicate all tests are “medically” normal (i.e., within medical reference ranges on Lab Reports), often reveal 6, 10, or more nutrient deficiencies and toxins, i.e., abnormalities and/or chemicals outside clinical nutrition reference ranges. (Clinical Nutrition ranges are not the same as medical ranges.)

Blood Pressure (High), Hypo-Thyroid, and Poor Bone Density: Due to Dr. Smith’s Clinical Nutrition Testing & Therapy, Beatrice, at the age of 82, attained her health goals of normal blood pressure, normal thyroid function and even passed for a young woman of age 50; that looked like multiple tracks crossing in a railway yard. In just the first month, 7 of the 11 Conditions had improved. Read Melynda’s complete Case Report on our website, click on the “E-Books by Dr. Smith”. For now, let’s read about her Dermatologist Report. First, he wanted to know Dr. Smith’s “Secrets to Skin Healing” because in 30 years of practice, he had new impurities.” He also said that even with today’s best medical skin care products, available only through doctors, he can affect only ⅔ skin depth compared to Dr. Smith’s Therapy, which he testing indicated nourished and detoxified to the cell level of all skin layers. Though we could “obviously” see it, he scientifically confirmed that Melynda was growing new healthy skin under her wrinkle skin that was falling away. (50y, Self-Employed Auto Business, W.F., TX)

Margaret and her husband were identified five Conditions had improved 90% & with only one at 90%. She also reported to her mother, “I am getting my Happy back.” Ryan (10y) had the same health challenges, except the joint/muscle pain, and he was having trouble sleeping. After just one month, he was discharged from therapy after four months. Just a few examples of hundreds.

Anti-Aging (Damaged, Wrinkled Skin): Before Dr. Smith’s Clinical Nutrition Skin Therapy, Melynda had 11 Skin Conditions and the 11th was wrinkles age of 50; that looked like multiple tracks crossing in a railway yard. In just the first month, 7 of the 11 Conditions had improved. Read Melynda’s complete Case Report on our website, click on the “E-Books by Dr. Smith”. For now, let’s read about her Dermatologist Report. First, he wanted to know Dr. Smith’s “Secrets to Skin Healing” because in 30 years of practice, he had new impurities.” He also said that even with today’s best medical skin care products, available only through doctors, he can affect only ⅔ skin depth compared to Dr. Smith’s Therapy, which he testing indicated nourished and detoxified to the cell level of all skin layers. Though we could “obviously” see it, he scientifically confirmed that Melynda was growing new healthy skin under her wrinkle skin that was falling away. (50y, Self-Employed Auto Business, W.F., TX)

Beatrice, (53y, Home Executive, W.F., TX) had no FMS & adrenal function restored, he was out of the wheelchair and enjoying activities like golf cart, playing golf, gardening and enjoying a lifestyle he thought was gone forever. (64y, Retired Rancher, Quanah, TX)

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Hormone Imbalance, Anxiety, Depression, Lack of Concentration, Low Sex Drive, Low Immunity, Fatigue, Over-all Body Pain: Denise felt she had tried “everything” in the years prior to finding Dr. Smith in an internet search. However, no matter what she tried, she only received temporary relief, if any. Also, her immune system was so low that she was sick with the flu every 5-6 weeks. Within three weeks after starting Dr. Smith’s Clinical Nutrition Therapy based on testing first for what her body needed, 25 symptoms, which included all of the above, had improved 10-80%; at eight weeks, which was at the time of this writing, 18 of the 25 symptoms had improved 80%+ (yes they were gone), 4 had improved-90%, 1 had improved-80%, and 2 had improved-30%. Also, reported at the 8th week, no bouts of flu since starting therapy. (36y, Home Executive, Howell, MI).

Gall Stones: Reverend James, bent over with severe pain from gall stones, was pain free within the first hour in 3-Hour therapeutic gall stones detoxification therapy. (45y Lawton, OK).

Hair Loss / Grey: Tracy reported that though she had Hair Loss before Dr. Smith’s Clinical Nutrition Testing and Therapy, she was not concerned about. However, after four weeks into her Therapy, she was delightfully surprised to notice her hair was growing back in. (48y Waitress, Graham, TX). Brook grew new hair his natural color and reversed his premature grey hair (35y Bartender, NY, NY). After several months in therapy, Sybil reported dark hair growing throughout her head of white hair that she had had for almost 10 years. (65y Housewife, Lawton, OK).

Migraines and Headaches: Susie suffered with Migraines for 30 years before finding Dr. Smith and almost five years after finishing her Clinical Nutrition Therapy, she reports that she still has no migraines. (45y, Home Executive, W.F., TX).

Miscarriages Sally had three miscarriages before Dr. Smith’s Clinical Nutrition Testing and Therapy; after therapy, she successfully delivered a healthy baby boy and two years later, she delivered a healthy baby girl, without further incidents of miscarriage. Debbie and Frank were told by five physicians that they would never have children, after Dr. Smith’s Clinical Nutrition Therapy, Debbie birthed three children. (Both couples in their mid-20’s, W.F., TX).

Muscle Mass: Brandon increased his muscle mass and decreased his fat percentage safely, effectively and to his satisfaction through Dr. Smith Sports Nutrition Testing and Therapy (21y, W.F., TX).

PMS & Menstrual Cramping - Patsy suffered with PMS and severe menstrual cramps for over 30 years until Dr. Smith’s Clinical Nutrition Testing and Therapy. After two months in therapy, she had her first pain-free cycle since starting menstruation in her teens. (Patsy, 48y, Seymour, TX).

Prostate Enlarged, Swollen Testicles, & Erectile Dysfunction - Dennis suffered months from all three medical diagnoses prior to his referral to Dr. Smith. After three weeks on Clinical Nutrition Therapy, based on Dr. Smith’s C.N. Analysis of his biochemistry, his pain when the inflammation and swelling abated; his Prostate and Testicles returned to their normal size and erectile function was restored in three months. (76y, Farmer, Henrietta, TX).

Thyroid (Goiter): For years prior to referral to Dr. Smith, Peggy had a visible, golf-ball size goiter on the right side of her neck. After Dr. Smith’s Clinical Nutrition Testing and Therapy, her goiter began shrinking in the first month, was gone at six months and thyroid function was restored. (41y, Factory Worker, W.F., TX).

Weight (Gain or Loss): Jennifer reported her excess weight just came off and she barely noticed it was happening because her focus was on improving her health weight (45y Clerk, W.F., TX). Jimmy Joe’s testing indicated parasites were interfering with weight gain and a 3-month parasite detoxification program helped his body restore normal body weight. (33y, Factory Worker, W.F., TX).

Note: Dr. Smith does not put her clients on “weight loss (or gain)” Diets. Whether you need to lose or gain weight, either are simply a symptom, like any other symptom. Therefore, Dr. Smith tests her clients’ biochemistry to identify which organs and glands are holding onto fat, fluid and undigested food (the three substances that comprise weight gain) and/or what dysfunction or interference in metabolism is causing weight loss or gain; then once corrected through Clinical Nutrition Therapy, clients will lose or gain weight, whichever their body needs, as a natural result of balancing biochemistry and improving metabolism.

ABOUT THIS BROCHURE
- Dr. Smith prefers the term “client,” rather than “patient.”
- The client names have been changed and only approximate ages have been listed to protect client confidentiality.
- Due to limited space in this brochure, the term “Clinical Nutrition” refers to “Clinical Nutrition, Naturopathic and/or Homeopathic Education, Consultations, and Therapies, which are provided after identifying the cause(s) from a Clinical Nutrition Evaluation and/or Biochemical Testing (blood, saliva, hair, urine and/or stool).
- Reports are excellence Clinical Progress Reports, Success Story Forms, Labs, & other data from Clinical Nutrition Case Histories.
- These individual reports may also represent not just one client, but hundreds of clients, who had the same health challenges & results.
- Additionally, this list of health challenges represents only a few of the thousands that were chosen to give you a sampling of the diversity of health benefits that can be attained through Dr. Smith’s Clinical Nutrition Therapy.
- Diseases and other Medical Conditions reported in this brochure were medically diagnosed by the physicians of our clients, days, months, years or even decades, prior to contacting Dr. Smith to start Clinical Nutrition (Gall Stones, W.F., TX).
- Considering the length of time most clients have suffered with medically-diagnosed symptoms prior to starting Dr. Smith’s Clinical Nutrition Therapy, it should be quite encouraging to you to know just how capable the human body is to heal itself, when it finally receives the therapeutic nutrients it requires to do so.
- This brochure was “originally” written for Health Seminars and Special Events in Wichita Falls, Texas, referred to as (W.F., TX), so all reports are on clients residing in Texas, except two out of the other 35 of 36 States and six international countries in reserve.
- Information in this brochure is for clinical nutrition education only and not for the diagnosis or treatment of any medical disease, condition, syndrome or disorder.
- Dr. Smith’s Clinical Nutrition Therapy is safe and effective because each client is first scientifically evaluated and tested, so there is no guessing, and secondly, Dr. Smith provides what her clients’ tests have indicated to be the cellular requirement for healing themselves. The majority of clients report feeling better in just 3-6 weeks with the rest reporting even sooner at 3 days to 3 weeks.

Therefore, for more information about Clinical Nutrition Testing and Therapy, our Services and to Schedule your FREE Inquiry Telephone Consultation Appointment, please call (940) 761-4045 or click on and read the “Inquiry Questionnaire” webpage.

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