

An Important Key to Attractive and Healthy Skin!

(Part 1 of 2) [Gone - Acne, Moles, Genital Warts, Burns, Numbness, etc!]

Today is a drop-jaw moment as I am sharing an amazing key to restoring the health of our skin. Please refer to my article, “Better Than Anti-Aging is Age Reversal by Growing New Stem Cells!” Part 1 (03/24/2022, P.17) and Part 2 (03/31/2022, P.3). Why? Because the scientists, who discovered the plant-based stem cell nutrients written about in this article, also developed the skin ointment I am introducing today.

This plant-based ointment was formulated to show on the “outside” (i.e., skin), how the healing processes work “inside” the body when ingesting the above stem cell nutrients, and its benefits to the skin have been truly amazing, as well!!

First, let me explain how the skin becomes unhealthy. The human body uses the liver, kidneys, and colon to remove harmful substances, such as parasites (germs/worms), chemicals, metals, food additives, metabolic by-products (cellular waste), and other toxins, whether ingested or exposed to in our air, water, food,

drugs, and environment.

However, when these organs are congested with toxins themselves, they become dys-



Take Time for Your Health Now or Make Time For Your Disease Later!

by **Dr. Donna F. Smith**
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functional and the body must use other organs, such as the skin, to remove these harmful substances.

Evidence of this is eruptions on the skin in the forms of acne, moles, pimples, whiteheads, blackheads, rashes, warts (including senile, plan-tar, and genital warts), age-related wrinkles, skin cancers, diabetic sores, swelling (like edema) and other skin-related sores and pigment discolor-ations – all signs of toxins being routed through layers of skin pores until they reach the surface of the skin. Once at the surface, the toxins oxidize, irritate, and damage the skin. Then over time, these toxins

degrade the quality of your skin, causing it to age more rapidly than it would other-wise.

Though I have just ex-plained the most frequent cause of skin eruptions and deterioration, the “in-ternal solutions” to the above-mentioned skin con-cerns and other causes, like hormone-related acne, will be discussed in Part 2 of this article. In Part 2, I will also explain why skin turns leathery and thick from sun exposure and how to prevent it.

Today, however, I am shar-ing what you can do now if experiencing any of the above skin eruptions, as well as how to regenerate new healthy skin cells to improve age-re-lated skin and/or maintain the healthy skin you have.

Here are just a few of the benefits of this amazing ointment:

- 1) 10+-year-old, 4-5-inch buttocks’ rash gone in four weeks,
- 2) Fatty bumps in the crease of the underbelly gone in 24 hours,
- 3) Senile warts gone in four weeks, and
- 4) a cluster

of eight Genital herpes warts gone in four days with its pain was gone in two days.

This plant-based ointment is effective for the skin wheth-er the cause is “internal or ex-ternal,” as is evident by “Be-fore and After” photos, such as... Road Rash down lower left leg gone in seven days; Mole went in 3-4 weeks; approximately 1” x 2” large Blister and Burns on the right hand from boiled water gone in seven days; Very severe Leg burn with black scales healed in 3-4 weeks; Pimple (large, white pus) gone in two days; Leg edema gone in 14 days; and even a horse’s hoof with a horizontal tear, side to side, repaired in two weeks.

Did you wonder why I put “Numbness” in the title even though it is more of a nerve-related, than skin-relat-ed, symptom? Here is why: five-week-old numbness that occurred on the left side of the right knee was gone in four weeks using this amazing ointment!

I continue to be awe-struck by the results that just keep

coming in from the use of this ointment and I am confident that you will be too.

At AdvancedClinical Nutrition.com, scroll down any webpage to “Contact Dr. Smith” to request the above-mentioned Before/After photos, schedule a Free Tele-phone Consultation (940) 761-4045 for more information, and order this amazing ointment. Also, posted on the Education Menu are the “Better Than An-ti-Aging...” and other articles by Dr. Smith published in The Villager since March 2021.

Dr. Donna F. Smith is the owner of ADVANCED CLINI-CAL NUTRITION (Est. 1981) in Wichita Falls, Texas, with clients residing in 37 U.S. states and seven international coun-tries. Since opening her busi-ness, Dr. Smith has continued to hold a successful track re-cord of over 90% in helping her clients improve and maintain optimal health, and she can help you, too, no matter where you live.

Information is for Clini-cal Nutrition (aka Functional Medicine)and Bioenergetic Education only and not for the diagnosis or treatment of any medical condition or disease.



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Public Notices

SPECIAL DISTRICTS

NOTICE CONCERNING BUDGET AMENDMENT

NOTICE IS HEREBY GIVEN to all interested parties that the necessity has arisen to amend the **Bennett Fire Protection District 7's** 2022 Budget; that a copy of the proposed Amended 2022 Budget has been filed at Administrative Office, 355 4th Street, Bennett, Colorado, where the same is open for public inspection; and that adoption of a Resolution to Amend the 2022 Budget will be considered at a public meeting of the Board of Directors of the District to be held at 355 4th Street, Bennett, Colorado, on May 11, 2023, at 7:00 p.m. Any elector within the District may, at any time prior to the final adoption of the Resolution to Amend the 2022 Budget, inspect and file or register any objections thereto.

BENNETT FIRE PROTECTION DISTRICT 7

By: /s/ Steve Dambroski
Secretary

Published in The Villager
Published: April 27, 2023
Legal # 11160

NOTICE OF OPEN MEETING FOR HEARING ON PETITION FOR EXCLUSION OF REAL PROPERTY FROM THE BENNETT FIRE PROTECTION DISTRICT 7

NOTICE IS HEREBY GIVEN to all interested persons that a **Petition for Exclusion** of real property has been filed with the Board of Directors of the **Bennett Fire Protection District 7**. The Board of Directors has fixed May 11, 2023 at the hour of 7:00 p.m., at 355 4th Street, Bennett, Colorado, as the date, time and place of an open meeting at which such Petition shall be heard.

The name and address of the Petitioner is:
Cottonwood Creek Investors, LLC
9570 West Cambridge Place
Littleton, Colorado 80127

The property to be excluded from the District is generally described as follows:
Parcels of land in Sections 23, 26, 27 and 28, Township 4 South, Range 65 West of the Sixth Principal Meridian, City of Aurora, County of Arapahoe, State of Colorado

All interested parties may appear at such hearing to show cause in writing

why such Petition should not be granted.

BY ORDER OF THE BOARD OF DIRECTORS OF THE
BENNETT FIRE PROTECTION DISTRICT 7.

BENNETT FIRE PROTECTION DISTRICT 7

By: /s/ Steve Dambroski
Secretary

Published in The Villager
Published: April 27, 2023
Legal # 11161

REQUEST FOR PROPOSALS

NOTICE is hereby given that **Greenwood Athletic Club Metropolitan District** (OWNER) seek proposals from qualified entities for the design, public hearing process, engineering, and construction of improvements related to Club Greenwood, 5801 S Quebec Street, Greenwood Village, Arapahoe County, CO (the “Project”) in accordance with the Integrated Delivery Method for Special District Public Improvements Act, §§ 32-1-1801 et seq., C.R.S.

Detailed information regarding the Project can be obtained by contacting Paula J Neubert, Club Greenwood, paulan@clubgreenwood.com or 303-770-2582, x309.

Prequalification Requirements for the Project include, but are not limited to:

- Appropriate credentials including license and/or certifications held within the City of Greenwood Village and Arapahoe County, Colorado
- Knowledge and expertise with the project scope including references from similar projects
- Knowledge and experience with a Site Amendment Process, Public Hearings and other related City and building code requirements

Proposals will be reviewed via an interview process with substantiating documentation. The Owner reserves the right to reject any or all proposals or to accept any or all proposals or to waive any informality in any proposals deemed in the best interest of the Owner.

Submissions are due by 5:00pm MST, Friday, May 4, 2023.

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Legal # 11162

COUNTY TREASURER

NOTICE OF PURCHASE OF REAL ESTATE AT TAX LIEN SALE AND OF APPLICATION FOR ISSUANCE OF TREASURER'S DEED

To Every Person in Actual Possession or Occupancy of the hereinafter Described Land, Lot or Premises, and to the Person in Whose Name the same was Taxed or Specially Assessed, and to all Persons having an Interest or Title of Record in or to the said Premises and To Whom It May Concern, and more especially to

EMMANUEL M ASSAF, KATYA M. ASSAF, SOUTHEAST METRO STORMWATER AUTHORITY, UNITED STATES OF AMERICA, UNITED STATES TRUSTEE REGION 19, MARCO ANTONIO BRIONES-COROY, COUNTRY CLUB VILLAS CONDOMINIUM ASSOCIATION, INC.

You and each of you are hereby notified that on the 7th day of November, 2019, A.D., the then County Treasurer of the County of

Arapahoe, in the State of Colorado, sold at public tax lien sale to MUNICIPAL POINT CAPITAL LP, the following described real estate situate in the County of Arapahoe, State of Colorado, to-wit:

UNIT 118 BLDG 8826 AS PER CONDO DECLARATION RECORDED IN B3230 P425 COUNTRY CLUB VILLAS CONDOS aka 8826 E FLORIDA AVE Unit 118

and said County Treasurer issued a Certificate of Purchase therefore to MUNICIPAL POINT CAPITAL LP;

That said tax lien sale was made to satisfy the delinquent general taxes assessed against said real estate for the year 2018;

That said real estate was taxed or specially assessed in the name(s) of EMMANUEL M ASSAF for said year 2018;

That said MUNICIPAL POINT

CAPITAL LP, on the 1st day of December, 2022, the present holder of said Certificate, who has made request upon the Treasurer of said County for a deed to said real estate;

That a Treasurer's Deed will be issued for said real estate to the said MUNICIPAL POINT CAPITAL LP, on or about the 15th day of August, 2023, A.D., unless the same has been redeemed.

Said property may be redeemed from said sale at any time prior to the actual execution of said Treasurer's Deed.

Witness my hand this 7th day of April, 2023, A.D.

Michael Westerberg
Treasurer Arapahoe County

Published in The Villager
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Legal # 11139

CHERRY HILLS VILLAGE

CITY OF CHERRY HILLS VILLAGE ADOPTION OF ORDINANCE ORDINANCE 1, SERIES 2023

A BILL FOR AN ORDINANCE OF THE CITY OF CHERRY HILLS VILLAGE, AMENDING CHAPTER 4, ARTICLE IV CONCERNING RETAIL SALES TAX PURSUANT TO VOTER APPROVAL GRANTED ON NOVEMBER 8, 2022

Copies of the Ordinances are on file at the office of the City Clerk and may be inspected during regular business hours.

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Beautiful and Healthy Skin – A 2-Step Process (Part 2 of 2)

[Facts About Causes of Thick, Leathery Skin & Skin Cancer!]

Today, I report that “No,” it is not over-exposure to the sun that causes thick, leathery skin and there is another high-risk cause for skin cancer from over-exposure, besides UV rays. Their causes and a 2-Part Healing Process and Solution to restoring the health of the skin are the topics of Part 2 of this 2-Part article.

The topic of Part 1, published 04/27/23, was growing new skin cells to replace damaged skin using our skin-regenerating ointment that provides results within days to a few weeks. Signs of unhealthy, damaged, and/or deteriorating skin cells are acne, pimples, white- and black-heads,

rashes, moles, warts (including senile, plantar, and genital warts), skin tags, skin cancers, diabetic sores, swelling (like edema), severe burns, aging wrinkles, and other skin-related sores and pigment discolorations, as well as numbness of the skin.

EXTERNAL CAUSES of skin conditions due to injuries (burns, road rash, scrapes, etc.) require only “outside” daily application of our skin-regenerating ointment and up to three weeks after the skin’s surface heals to allow nutrients to go deeper into the affected skin’s layers and pores, which cannot happen until the skin’s surface is healed.

INTERNAL CAUSES of skin conditions, however, can be from any toxin, including excess hormones, fungus or other germs, particles of inflammatory tissue, dead or decaying cells, or any substance that would be harmful if remaining “inside” the body. The

Skin is the largest organ, so its head-to-feet pores make it easier to remove toxins when the primary elimination or detoxification organs are dysfunctional, i.e., the liver, kidneys and colon.

THE 2-STEP SKIN HEALING PROCESS for internal causes means working from the “inside out and outside in,” i.e., address skin causes for both 1) the “inside” and 2) the “outside” of the body, preferably simultaneously. Why? Because “inside,” the body will continue using the skin as a detoxification pathway until you have improved the function of its primary detoxification organs, so toxins can be eliminated through them, instead of being re-routed out of the skin.

Ever thought you healed a skin condition and then it “appeared” to come back? Many skin products do not provide skin-healing

nutrients, they just clog pores so toxins cannot surface and damage the skin. However, once the skin can unclog its pores, toxins start resurfacing again giving the “appearance” that the skin condition is back; the fact is, its cause never left.

Your body is constantly working to remove embedded toxins from organ (or gland) tissues, otherwise, in time, these poisons become a cause for disease in that organ. So, every time the body is able to produce energy again to push more toxins through the skin’s pores, skin eruptions will keep resurfacing, that is, until you apply the 2-Step Healing Solution below to correct the “internal” causes.

The 2-Step Solution to restore the health of the skin is 1) Clinical Nutrition Therapy to correct the “internal” causes and 2) our ointment “externally” to unclog the pores and open the skin’s micro-circulation so your blood, now full of skin-rich nutrients, can get to the surface of the skin to protect and regenerate (grow new) skin cells to replace those damaged from the toxins.

In closing, to develop thick, leathery skin when in the sun a lot, you must first have a deficiency in Polyunsaturated Fatty Acids (PFA), and if PFA levels are not

restored, in time, this may lead to sunstrokes, hives, and high blood calcium levels with low tissue calcium levels, which adversely affects bones and joints, just to name a few. And skin cancer? Over-exposure is not the only sun-related cause, extreme exposure results in developing “excessive amounts of Vitamin D” which increases the risk of skin, prostate and blood cancers.

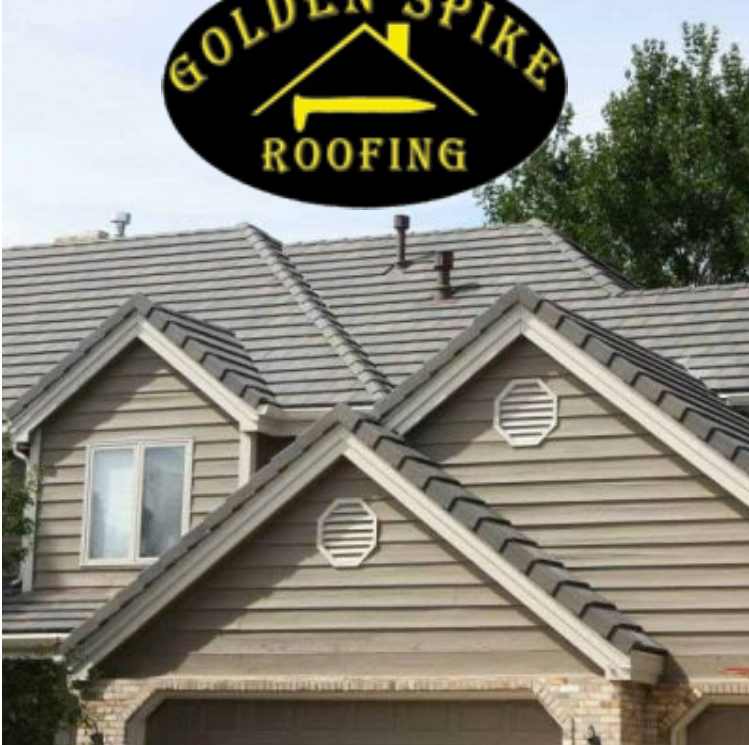
Request through Dr. Smith’s website to receive amazing Before and After Skin Photos and read all of her articles published in The Villager, since March 2021, at the Education Menu.

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Koelbel brings Catalyst Concept to Omaha

Continued on page 15 technology startups. Work has begun on the site and completion of the Catalyst facility is expected in late 2024.

Omaha Mayor Stothert said the groundbreaking was a celebration of growth and opportunity. “Once a place of industry and history, and now a future of medical research and innovation, Catalyst is part of our vision to make Omaha’s urban core the economic engine of the entire region. The momentum of our urban core is undeniable. Catalyst will offer another compelling reason to attract the best and brightest to our state for research, innovation and investment.”

The Innovation Hub at Catalyst will create a collaborative environment for UNeMed and UNeTech, facilitate innovation and growth among startups and make them successful within the medically-centered incubator space while creating a cost effectiveness via shared common elements and amenities.

“Koelbel is thrilled to bring its Catalyst concept to Omaha, which has proven to be tremendously successful in Denver, and honored to be doing so in partnership with



GreenSlate, The Lund Company, and UNMC,” said Buz Koelbel, president of Koelbel and Company. “This is one the first developments outside of Colorado for Koelbel after nearly 70 years in business, and we believe Omaha is the ideal market for the initial expansion of this concept and our development operations.”

UNMC wanted to replicate the “industry integrator” concept in Omaha at the Saddle Creek Redevelopment Site --bringing together relevant stakeholders from across the health, wellness and health care industries - to forge an adaptive reuse redevelopment from two former Omaha Steel Works structures, into a mixed-used innovation technology campus. The two structures played historically significant roles in World War II, as well as in Omaha’s industrial growth. UNMC will play an integral role in the development as both a collaborator

and tenant in the future building. The mix of amenities to serve the broader UNMC campus as well as the inclusion of other healthcare focused companies will further connect UNMC to the broader private sector healthcare industry in Omaha and beyond.

“Redevelopment of these structures and the Saddle Creek site will be one of the most unique and significant infill projects in the history of Omaha,” said Jay Lund, Principal of GreenSlate Development. “This is a natural continuation of the campus and UNMC’s continued reinvestment in midtown Omaha.”

The \$65 million, 170,000-square-foot multiuse project, just one part of the innovation hub concept, will include a food hall and market, event center and collaborative office space that draws on Koelbel and Company’s experience in designing healthcare spaces.

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