

Better Than Anti-Aging is Age Reversal by Growing New Stem Cells! (Part 1 of 2)

[Verified by Nobel Prize Winners]

If you could biologically reverse your age, would you want to know about it? I sure did! What does this mean? You may recall from previous articles, where I shared, we have two bodies, a bioenergetic and a biochemical body; well, we also have two Ages: 1) a Chronological Age for years lived on Earth; and 2) a Biological Age for how old your internal biology is, in comparison to your chronological age; and yes, for some, both ages are the same.

MY CHRONOLOGICAL AGE (61); BIOLOGICAL AGE (43): However, using my test results, for an example, my chronological age of 61 years has the biological health of a 43-year-old person, chronologically.

STEM CELLS: You see, as medical science has been perfecting their ability to transplant stem cells from a healthy to an unhealthy body, with the risk of being rejected; for decades, I have been waiting for our nutritional scientists to discover which plants God gave us, that contain the nutrients the body requires to grow its own, new stem cells! As you may know, STEM CELLS help the body grow (regenerate) new healthy cells to replace malnourished, decaying, damaged, aging, dying and dead cells. We are only as healthy as our weakest



“Take Time for Your Health or Make Time for Your Disease!”

by **Dr. Donna F. Smith**
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cell! As of December, 2020, I wait no longer!

To better understand, I will insert a little history: Since the 1970s to 2009, there have been five scientists who won the Nobel Prize for their research on chromosomes and discovery of Telomeres.

TELOMERES are segments of DNA found at the ends of chromosomes. They can be prematurely shortened when exposed to environmental chemicals, oxidation, inflammation, and stress. This leads to DNA damage and contributes to early cell death.

LONGER TELOMERES = LONGER LIFE: Shorter telomeres, then, have been associated with cardiovascular disease, inflammatory disorders, metabolic syndromes, diabetes, cognitive decline, and other chronic degenerative conditions associated with aging, in addition to, accelerating the aging process. Accelerated aging is when a person’s biology is no longer equal to their chronological age, but that of someone older, even decades older.

For example, a 45-year-old’s biology might resemble

someone 50 or 60 years, chronologically, or older. How many children today are suffering from diseases that used to be exclusive to the elderly?

In summary, the shorter your Telomeres, the faster you age and die; the longer the Telomeres, the longer you live and you live well!

In Part 2 of this 2-Part article, I will share the three significant outcomes from research of another study, where a team of 20 scientists discovered 1) the solution to growing our own stem cells, and thus, grow longer Telomeres, and 2) the root cause of aging and disease.

FOR HELP no matter where you live and for copies of referenced past articles, please call me at 940-761-4045 or email: Villager@AdvancedClinicalNutrition.com. First Consultation Free!

Dr. Smith is the owner of **ADVANCED CLINICAL NUTRITION (Est. 1981)** in Wichita Falls, Tx, with clients residing in 37 U.S. states and seven international countries. Since opening her business, she has continued to hold a successful track record of over 90% in helping her clients improve their health.

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Mortgage tip of the week

Passive income is one of your many tools to get to financial freedom, but how can you start? With new programs that came back last year, you can buy an investment home with as little as 15% down and you don't even have to qualify for the payment. Investment properties are a great way to get passive income (income earned without having to work the 9 to 5 grind). Here are some details:

- Non-QM loans are back and I am DSCR (aka cash flow loans) closing loans for people. We just have to make sure the rent payment will cover at least 110% of your mortgage payment.
- Where do I get 15% down you ask? Some people pulled cash out or a Home Equity Line of Credit from their current property. Others used cash on hand. For some people it made sense to pull from lower performing stocks.

Where do you find these properties?

- Step 1 is to call me at 720-974-8400 so I can get the details to you and set you up for success.
- Step 2 is for me to get you with a realtor that knows how to find the properties where the rent covers your payment (hint-there are a ridiculous amount of these properties out there).

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Better Than Anti-Aging is Age Reversal by Growing New Stem Cells! (Part 2 of 2)

[Verified by Nobel Prize Winners]

In Part 1 of this 2-Part series that was published in The Villager on 03/24/22, Page 17, I asked if you could reverse your biological age, would you want to know about it, as I did? Then I defined Stem Cells and Telomeres and shared Nobel Prize-winning research on the role of both in age reversal, age-related diseases, and longevity.

Now, in Part 2, I will share how you can help your body grow its own stem cells and thereby, grow longer Telomeres, so you too may live longer and live well. And when you do, you can see it!

1) Internally, you see it from your tests showing a younger, biological age and longer Telomeres. These tests are your scientific proof

Services scheduled for homebuilding executive Silvio DeBartolomeis, 67

Silvio James DeBartolomeis, 67, of Greenwood Village, passed away on March 19 at Presbyterian St. Luke's Medical Center. He was in treatment for lymphoma, his second diagnosis following eight years in remission.

Silvio was born to Rosalie and Italo DeBartolomeis in Wilmington, Del., and spent most of his childhood in Rehoboth Beach with his siblings: Debbie, Vincent, Matthew, Amy and Marc. He moved to Colorado to attend the University of Denver on full scholarship



for Political Science and Philosophy. After graduation, the Reagan administration appointed him General Deputy Assistant Secretary for Housing at HUD in Washington, D.C. He then became the Deputy Federal Housing Commissioner, where he focused on affordable housing for low income families. It was during this time that Silvio met the love of his life, Judi Pesch DeBartolomeis. He resigned from HUD and moved back to Colorado where they married and started their family.

Silvio continued his career in housing and community development, ultimately working as Vice President of Sales and Marketing at Koelbel and Company. Some of his notable communities were Pinehurst Country Club, The Keep in Sedalia, Rendezvous in Winter Park, and The Preserve at Greenwood Village.

Silvio loved life and had many passions including vintage cars and the Rocky Mountain Triumph Club. He was a loyal friend and a person of faith. Above all else, the most important thing to Silvio was his family. He is survived by his wife Judi, his son James, and his daughter Kathryn. Life will not be the same without Silvio. He will be dearly missed.

A Celebration of Life for Silvio will be held on Saturday, April 9, at 11 a.m., at the Evans Memorial Chapel at the University of Denver, 2199 S Race Street, Denver. In lieu of flowers, donations may be made to the Leukemia & Lymphoma Society in Silvio's honor.

that you are reversing your aging process. [In Part 1, I defined your chronological and biological age difference.]

2) Externally, you see it from the new growth of healthy and yes, "younger-looking" skin, hair, nails, accompanied by improved overall health with increased physical strength and mental clarity.

20 SCIENTISTS: Parallel, you might say, to the research by the five Nobel Prize winners discussed in Part 1, was another research study by a group of 20 scientists. They were commissioned after WWII to discover the causes and solutions to aging and age-related diseases.

THREE SIGNIFICANT OUTCOMES came from their research: 1) Discovering that "inflammation" is the root cause of aging and disease, 2) Identifying the specific plants that God made to provide the nutrients the body requires to grow (regenerate) its own stem cells, and 3) THE SOLUTION: These



The Villager, 09/09/2021, Page 5, I shared the causes of inflammation; e.g., Stage 2, 3 & 4.]

I refer to this nutritional supplement as "Stem Cell Therapy" because of its clinical nutrition therapeutic effects from providing the nutrients the body requires to grow its own stem cells, restoring health and growing longer Telomeres.

3RD PARTY VERIFICATION: The above health benefits (or effects) from nutritional supplement was scientifically proven by an independent, 3rd party Laboratory. This Lab's team included three of the five Nobel Prize winners mentioned in Part 1 of this article, who verified the health restorative quotient and age reversal results of this nutritional supplement, including growing longer Telomeres.

AGE REVERSAL BY 5-30 YEARS: To date, the measured

age-reversal effect on biological age from the Lab's testing is 5-30 years. Tests show a 70-year-old's biological (bio) age was 40 – an age-reversal of 30 years; a 66-year-old's bio-age was 48 years; a 53-year-old's bio-age was 37 years; a 39-year-old's bio-age was 30 years; a 30-year-old's bio-age was 25 years and so on.

Because of the amazing "therapeutic" effects mentioned above, I originally considered our Stem Cell Therapy was for "therapeutic use" only. However, due to my clinical observations while monitoring my successful results and that of both, our Therapeutic and Maintenance Clients, my evaluation now is that our Stem Cell Therapy is safe and effective for both therapeutic and health maintenance uses.

Therefore, **our Stem Cell Therapy is now available for purchase by simply calling my office for more information.**

NUTRITION FACT #25 – THROUGH NUTRITIONAL STEM CELL THERAPY YOU MAY 1) GROW YOUR OWN STEM CELLS TO REVERSE YOUR AGING PROCESS,

RATHER THAN JUST SLOW IT DOWN, AND 2) GROW LONGER TELOMERES TO INCREASE YOUR LONGEVITY!

You may request a copy of the complete Stem Cell Therapy article for the science and other details not possible to include in this brief article, along with "Before and After" photos, by emailing me with Subject Line: Stem Cells.

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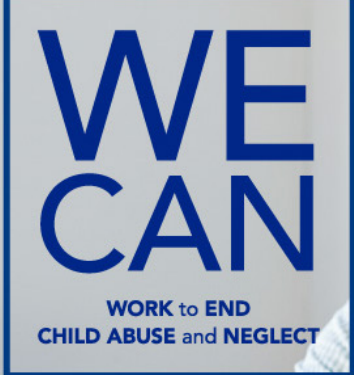






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