

Hickenlooper supports statehood

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to say with a great deal of certainty that there has been no voter fraud; no one is trying to steal votes.” The senator continued, “I don’t see it as a Republican or Democratic issue....In Colorado we had as many Republican clerks as Democratic clerks create a system (of) safe and secure voting...” Hickenlooper said the For the People Act of 2021 also addressed “dark money in politics,” which is a problem because “the role of large corporations and super-wealthy individuals is far out of proportion from what we’ve come to expect.”

When a caller to the town

hall meeting asked Hickenlooper about gun safety, the senator pointed to the rules passed in Colorado requiring background checks, limited magazine capacity, and the Red Flag Law, noting that even though “we’ve made consistent progress,” for the year 2020, “we could be over 40,000 gun deaths in this country, and two-thirds of them are suicides....So many (suicides) are impetuous; if they didn’t have easy access to a firearm, in many cases, their depression or anxiety would pass and the threat would diminish.” He suggested that it could make a difference if guns had to be locked up and ammunition stored

separately. Hickenlooper added, “In the U.S. Senate, we are long overdue to have universal background checks... to make sure that guns don’t fall into the hands of dangerous people.” For example, “In 2013, when we only had the state law, there were 38 people convicted of homicide in Colorado who tried to buy a gun and we stopped them.... In all, we had 3,000 people who had been convicted of a violent crime try to buy a gun and we stopped them, but you could think that there was probably an equal number... that also tried to buy a gun and needed to be stopped.”

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Unresolved Emotions Cause Physical Illnesses

Riding the subway, a man observed a Father with three children across from him. The children...noisily sprinting back and forth; the Father...paying no attention. “How can this Father ignore his children? Why doesn’t he discipline them? If they were my children, I would...” were his thoughts... as anger rose.

Finally, he said, “Your children are disturbing passengers!” The Father, with a dazed, preoccupied look on his face raised his head, looked at his children and then back at the man and said, “I am so sorry, we have just come from the hospital where their mother unexpectedly died.”

Being cut off by a fast-speeding car, have you ever been annoyed, even to the point of responding with angry words and gestures, not knowing that the driver was moments away from being too late to say good-bye forever to their spouse, a parent, sibling or child?

The Bible teaches ‘only God has a right to judge us.’ (James 4:12; Matt. 7:1). Only He knows all the facts.

Still people become offended and angry without knowing all the facts; and with only the facts they do know, they often cause a chain reaction of more offences and hurts (intentionally or unintentionally), such as to innocent by-standers, those unjustly accused, and even to themselves, as they may harbor that anger for months and years, allowing it to become a source for one (or more) future physical illness or disease.

E-Motion is Energy in Motion!

The term “Emotion” means “Energy (E) in Motion.” From



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unhealthy, unresolved issues, trauma or events in our lives, their associated E-Motions will, in time, express themselves in physical illnesses. **Energy must have an outlet.** This outlet will

either be a healthy resolution of the cause of the E-Motion OR its static, unbalanced, unresolved energy will remain in the body like a silent destroyer. This is why being “slow to anger” and “quick to forgive” is a very real healing and lifestyle practice for the mind and body.

What Do Your E-Motions Mean?

To better understand this, I have provided the chart below:

E-MOTION	MEANING	AREAS RESULTING IN PHYSICAL ILLNESS
Angry, Aggression, Enraged, Furious, Irritated, Livid, Resentful	An important rule or standard of yours has been violated by yourself or someone else.	Liver, Gall Bladder, and Bladder.
Hurt, Disappointed, Destroyed	An expectation you have is not being met and you have a feeling of loss.	Bladder and Lungs.

Rather than just react when you experience a strong E-Motion, like anger, take a beat to understand what the E-Motion means and to find a healthy way to resolve the E-Motion and its issue, rather than become an E-Motional tornado hurting anyone in your path and then creating illnesses and diseases for yourself in the future.

For example, a healthy resolution of anger and its related E-Motions above when someone else has violated your rule is to let the person know that your standard may not be the same as theirs, so you need their help in understanding the difference OR perhaps you both have the same standard, however, in this one case, the violation was an isolated incident, an accident or unintentional mistake. Ask yourself, has this

person ever violated my rule or standard before?

Anger is not an unhealthy E-Motion until your actions make it so!

Sometimes, you have these E-Motions in present time because they are from past hurts, unexpressed or built up. Ask yourself, is there another reason for my reacting with anger (or another emotion)?

For a Healthy resolution of hurt and its related E-Motions below... Change your behavior or your way of communicating your needs or intentions. Know that you cannot lose anything that belongs to you by “divine” right. Harm falls away by its own weight.

Do you currently have symptoms in any of the organs and glands in the 3rd Column to the left? In addition to obtaining the physical healing you need through

Clinical Nutrition Testing and Therapy, you can also use the Healy device to help balance your emotional energy by removing the static, embedded, unbalanced energy. Doing both brings the fastest results! For more information, read my articles in the 3/25/21 and 4/15/21 issues of THE VILLAGER or just call me.

Nutrition Fact #5

A physically healthy body is dependent upon healthy E-Motions. Healthy E-Motions depend upon resolving all issues from a spirit of loving-kindness, understanding and forgiveness. Remembering... there are too many variables and perspectives to have all the facts regarding what we hear, see, read, feel and think about people and events.

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