Register for the 2021 Virtual **Furry Scurry!**

Walk, run or scurry to help pets in need!

Help homeless pets and horses by registering for the 28th annual Furry Scurry. This year's event is virtual, which means you can walk, run or scurry in a way that is convenient and safe for you while helping homeless pets and horses at the Dumb Friends League.

On Saturday, May 1, join a community of people running trails, walking through neighborhoods and gaining miles on treadmills all for animals in

Early-bird prices are just \$45 for adults and \$25 for children (12 years and younger). Prices increase May 1, so don't miss out on this special and register today at furryscurry.org.

All registered participants will receive a Furry Scurry frenzy box, featuring limited edition goodies and the event T-shirt. People who fundraise beyond their entry fees can have an even bigger impact on the lives of homeless pets and earn some cool Furry Scurry swag.

Register as an individual, or create a

team with family, friends or coworkers near and far. Start walking now or on our virtual event day — it's up to you!

Friends of the League and Instagram influencers had this to say about their Furry Scurry experiences:

"We walk/run because every shelter animal should have the chance at finding their forever home" – Nelliee and adopter Courtnee (follow at @ nellieethetripod).

"Getting to see so many cute dogs at the Furry Scurry is one of our favorite events. Since it had to be virtual last year, we decided to brighten other people's day, so Henry dressed up in his happiest costume (a giant rainbow) and we walked several miles. The honks and smiles made us so happy—almost as happy as knowing we were helping end pet homelessness and animal suffering! We can't wait to participate in 2021!" - Henry and owner Elle (follow at @ costumecanine).

The 2021 Furry Scurry is made possible by our community partners, including lead sponsors Hill's Pet Nutrition and MetLife Pet Insurance. Businesses interested in sponsoring the event should contact the Dumb Friends League for more information.

Visit furryscurry.org to register today or to learn more about the event.

Robyn Carnes makes surprise announcement for **Centennial City Council**



BY FREDA MIKLIN GOVERNMENTAL REPORTER

In a surprise announcement on April 7 at the Arapahoe County Republican Breakfast Club, Robyn Carnes officially declared for the first time in a public forum that she is a candidate for Centennial City Council District One this November. Carnes is running for the seat in the western part of the city presently occupied by Kathy Turley, who is term-limited. Both Turley and Centennial Mayor Stephanie Piko were at the meeting and expressed their support for Carnes.

The new candidate, who told the crowd that her husband had been a school resource officer and is now a Douglas County deputy sheriff, said she is strongly focused on keeping Centennial



Centennial city council candidate Robyn Carnes, center, is flanked by Mayor Stephanie Piko and current council member Kathy Turley, who Carnes hopes to replace. Turley is termlimited. Photo by Freda Miklin

safe. "An Iowa farm girl and mother of two boys," Carnes said she has been a pastor, a business owner, and a meeting facilitator. She shared that she is currently a vice-president for Rescue America, an

The Formula for Faster Healing

organization that fights sex trafficking.

On the topic of development, Carnes said it's important to "figure out the University Boulevard corridor." fmiklin.villager@gmail.com

AT THE TOP OF HER PROFESSION SINCE 1977 Edie Marks CRS, GRI (ell: **303-905-0744** Kentwood

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- □ 10955 E CRESTLINE PLACE, THE HILLS AT CHERRY CREEK. Fabulous 2 story, 3100 square ft, 2 story stone fireplace in living room, new kitchen and baths, hardwood floors. \$950,000 UNDER CONTRACT.
- □ PINE VALLEY ESTATES: 8533 MONMOUTH PLACE Exceptional tri-level. Hardwood floors, designer baths, extraordinary landscaping and outdoor kitchen. \$650,000 UNDER CONTRACT
- 4081 CHESTNUT, THE PRESERVE. Exceptional quality and styling. Bedroom on main floor. European ambiance..\$2,895,000 UNDER CONTRACT
- ☐ CHERRY HILLS PERFECTION: 5000 S ALBION ST. Exquisite walkout ranch backing to the Highline Canal. Superb attention to detail, spacious, flowing floorplan. \$2,995,000 UNDER CONTRACT.
- □ 20446 E ORCHARD PLACE Minimum maintenance walkout ranch at the Hillside at Greenfield. \$435,000 SOLD.

UNDER CONTRACT AND SOLD

- ☐ THE PINNACLE IN CASTLE PINES NORTH: MAIN FLOOR MASTER AND THEATRE, SOARING RUSTIC BEAMED CEILINGS, PHENOMENAL WATERFALLS. EXCEPTIONAL QUALITY. \$1,500,000. SOLD.

 Display 5055 S. HOLLY CHERRY HILLS VILLAGE Best Buy. \$2,350,000. With \$100,000
- allowance for additional garages. **SOLD.**□ RANCH NO MAINTENANCE VILLA IN THE MEADOWS AT CASTLE ROCK \$515,000

- □ 467 ADAMS ST. CHERRY CREEK NORTH \$2,195,000 SOLD.
 □ THE PRESERVE Exceptional executive home. \$3,000,000. SOLD.
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- □ **SUNDANCE HILLS**. BEAUTIFUL REMODEL \$785,000 **SOLD**.
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- ONE OF A KIND ARCHITECTURAL MASTERPIECE.RANCH LIVING GREENWOOD VILLAGE \$1,680,000 SOLD.

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#1 DENVER BOARD OF REALTORS 12 YEARS STRAIGHT #44 OF 1,350,000 AGENTS IN THE USA (THE WALL STREET JOURNAL)

Clinical Nutrition + The Healy Humans actually have two bodies, a "biochemical" body and a "bioenergetic" body. Health Improvement and Disease Prevention requires

attention to both and in doing so, leads to *The Formula for Faster*

The Keys to Health and

Longevity

Healing.

In the March 25th article, I introduced "Bioenergetics" and the "Healy device." Today, let's look at some of the many ways the Healy device assists in the health of both bodies, through the 2-Step Process of the Keys to Health and Longevity, which is:

- 1. Identity and provide the cells with the macro- and micro-nutrients they require to produce energy for the metabolism and for the healthy function of all organs, glands and body systems. This is possible by obtaining a Clinical Nutrition Analysis of and Therapy for your biochemistry.
- 2. Identify and remove the interferences adversely affecting the biochemical and bioenergetic healing processes.

What are Interferences to Healina?

Anything that disrupts the healthy flow of the biochemistry and bioenergetics of the body, i.e., anything that blocks or inhibits the flow of 1) blood, 2) nutrients, 3) lymphatic fluid, 4) nerves, 5) energy and/or 6) removal of waste and toxins.

Interferences can be caused by trauma (mental, emotional and/or physical), harmful electro-magnetic fields (EMF), unhealthy diet and lifestyle practices and environmental exposures, which can also accelerate aging and lead to premature



Dr. Donna Smith, Ph.D., C.C.N.

What is the Healy? Healy is an FDA Class 2 microcurrent medical device. Nobel Prize (1983) awarded to Bjorn Nordenstrom for his microcurrent research led to electrical stimulation devices used in health, sports, and

cosmetology. However, these are one-way communications systems; only emitting frequencies "into" the body.

Healy is a two-way communication system -- it has a Quantum Sensor that can "analyze and measure" cellular energy, and then emit the exact frequencies the cells need in real time, day to day.

Healy Assists Step 1 of the 2-Step Process!

How? It analyzes for low energy cells, i.e., cells with too much positive electrical potential (malnourished and dying) and then provides the exact frequencies the cells need to increase negative electrical potential, which can then...

- 1. Increase cell membrane permeability, so oxygen/nutrients from Clinical Nutrition Therapy can enter cells unhindered and waste is released, and
- 2. Enhance composition of Adenosine Triphosphate (ATP), which transports chemical (nutritional) energy within cells for metabolism. Healy increases ATP by 500%.

Healy is a Solution to Step 2 of the 2-Step Process!

In addition to assisting the biochemistry in its removal of interferences to healing affecting blood, nutrients, lymph fluid, and waste/toxin removal, as explained above,

Healy also analyzes and provides frequencies for bioenergetic interferences to healing (energy, nerves).

For examples, Healy is an FDA cleared medical device for specific pain relief and, also, has non-medical applications using individualized frequencies to help balance mind and body. Thus, being a solution for traumatic (mental, emotional and physical) interferences, too.

Gena and Mandy Got Faster Healing!

Gena (69y) - Using Morphogenic Field Technique to identify the areas in need of Clinical Nutrition Therapy, Gena's initial scores showed Brain, Bones, Adrenals and Kidneys at 0, Heart (2), Thymus (3) with Bladder and Small Intestines (4) and she scored 10 (optimal score) in 2 months for Brain and Bones, Adrenals (3 months) and Kidneys and Bladder (5 months).

When we started Clinical Nutrition Therapy for her Heart, Thymus and Small Intestines, we added the Healy device and she reached 10 in less than 30 days.

Mandy (65y) — restores antiques, so not the first time I have helped her after straining a muscle moving heavy furniture. With Clinical Nutrition Therapy, pain is gone and she is fully functional within 1-3 weeks, depending upon the severity of the strain. This last time we added the Healy and it only took three days.

> **Nutrition Fact #4** The Formula for Faster Healing is **Clinical Nutrition** + The Healy!

AdvancedClinicalNutrition.com

Call (940) 761-4045 within 7 days from article date for a FREE Initial Telephone Consultation.

Information for Nutritional, Bioenergetic and Healy education only and not for the diagnosis or treatment of any medical condition or disease