



Advanced
CLINICAL
Nutrition

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GUIDELINES TO SELECT BIOCHEMICAL TESTS

If You Have Symptoms in the Column #1 Body Areas, Choose Biochemical Testing in Column #2.

BODY AREAS (Systems, Organs, Glands) (Examples of a Few Symptoms)	BIOCHEMICAL TESTING <small>(All Tests on each row Required To Identify All Causes** • Hyperlinks to Tests on Pg. 1 under "Biochemical Testing")</small>
Adrenals (Fatigue, Tiredness, Insomnia)	Adrenal Stress Saliva and Tissue Mineral Hair Analysis
Cardiovascular (Anemia, Hi/Lo Blood Pressure, Heart, Circulation, Spleen)	Blood Chemistry -44 and Tissue Mineral Hair Tests
Gastro-Intestinal System (Hypoacidity, GERD, Heartburn, Bloating, Protruding Stomach, Stomachaches, Diarrhea, Constipation, Vomiting, Hi/Lo Blood Sugar, Insulin Production Dysfunction.)	Digestive System and Parasite Stool Tests; Glucose, A1-C, & Hair Any one or more of these tests may be required depending upon presenting symptoms.
Hair and Scalp (Hair loss, thinning, grey, dandruff, sores, etc.)	Tissue Mineral Hair Analysis (TMA)
Immune & Lymphatic Systems (Hyper and Hypo-Immune)	Blood Chemistry - 44 and Tissue Mineral Hair Tests
Kidneys/Bladder (Incontinence, pain when urinating, etc.)	Blood Chemistry - 44 Tests
Liver, Gall Bladder, Bile Duct (side, under ribs or shoulder pain, sleeplessness)	Blood Chemistry - 44 Tests or Lipid Blood Profile (Call for fee quote)
Lungs/Sinuses (Difficulty breathing, wheezing, coughing, runny nose, allergies, asthma, etc.)	Blood Chemistry - 44 and Tissue Mineral Hair Tests
Metabolism (weight loss/gain; body temperature symptoms)	Blood-44, TMA Hair, Fe/Male Saliva & Possibly D/Parasite Stool.
Musculo-Skeletal System (Pain, discomfort, and/or stiff Bones, Joints, Muscles, Connective Tissue, Nerves)	Blood Chemistry - 44 Tests, Tissue Mineral Hair Test, and Bone Resorption Urine Test (Bone Density testing alone is not sufficient.)
Neurological (Nervous System) (Twitching, shaking, brain/mental symptoms, etc.)	Adrenal Stress Saliva and Tissue Mineral Hair Test
Pancreas – Glucose Intolerance (Hypo- and Hyper-glycemia)	Blood Chemistry - 44 and Tissue Mineral Hair Tests
Pituitary, Hypothalamus, Thymus (Dizziness; Brain/Mental Symptoms, Growth Challenges, Male/Female Hormone Symptom [see below])	Blood Chemistry – 44, TMA Hair & Fe/Male Saliva (Expanded Tests)
Reproductive / Sex Organs (Fe/Male) – Ex: Male/Female Hormone Imbalance, Infertility, Menstrual Irregularities, Menstrual Cramping, PMS, Ovarian Dysfunction, Dysplasia, Fibrocystic, Menopause and Andropause (Male Menopause), Impotence, Enlarged Prostate, Anxiety, Depression, Brain Fog, Other Mental Health Challenges, Weight Gain...	Tissue Mineral Hair Test, plus one of the below that applies to you: <ul style="list-style-type: none"> • Male Saliva Hormone Test & • Females –If having menstrual cycles (regular or irregular) – choose Female Hormone Saliva Test. • Females –No consecutive monthly menses for 2 or more years, choose Menopause Saliva Hormone Test.
Thyroid (Hypo- and Hyper-Thyroid Dysfunction & Symptoms)	10 Thyroid Blood Chemistry Tests & Tissue Mineral Hair Test
♦ Area Not Listed In Most Frequently Ordered Above? Choose▶	Blood Chemistry - 44 Tests and Tissue Mineral Hair Test
♦ Multiple Areas? Add Basic Tests , if not already included ▶	Blood (44), Hair, and Female or Male Hormone Saliva Test
♦ Multiple Severe Areas, Critical/Time Sensitive, or Complete Wellness (Prevention)? Choose Comprehensive CN Analysis▶	Blood (44), Hair Mineral Test, Saliva (Female or Male + Adrenal) Hormone, Digestive/Parasite Stool and Bone Resorption Urine.

****All tests listed in Column #2 for corresponding body area(s) in Column #1 are required to identify all causes of symptoms. For fastest healing results, order all tests at one time. If finances are limited for initial testing, you may order one test monthly, in order presented above, until all tests have been ordered.**

(No Refund or Return on Analysis Fees or Supplements /Products Affected by Temperature)